

# Ventilation

Reduce the spread of COVID-19—bring fresh air into your room

This room has... **a split system air conditioner**



- ✓ It makes the temperature comfortable
- ✗ but it doesn't bring in any fresh air.

## What you can do

### Keep comfortable

- ✓ It's OK to use your air conditioner!

### Add fresh air

- ✓ Open the windows when you can, even for only 10 minutes each hour
- ✓ Open your door so air moves through the room
- ! But if you have COVID-19, shut your bedroom door

### Move the air around

- ✓ Leave bathroom and kitchen exhaust fans on (if they are not too noisy.)
- ✓ When you don't want heating or cooling, turn your air conditioner to 'fan only'.